

HAPPY TAILS NEWSLETTER

ISSUE 3

FEBRUARY 2010

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Heather and Mary to Host ETRC Horse Show-Help Needed!

We are delighted to announce that this season we will be hosting a series of 5 horse shows at the East Tennessee Riding Club located off Tuskegee Drive in Oak Ridge.

This is big news for the Silver Stirrups Show Team! This gives us the ability to customize

the classes offered along with entrance fees, so our students can take full advantage of the show season, entering multiple classes at each show!

We currently are planning a show in May followed by two shows in the summer and two shows this fall. Dates for the events will be



announced as soon as they are finalized.

Interested in showing, but don't know if it's for you? We need volunteers to help with the horse shows. They are in charge of handing out awards, manning gates and various booths, doing paperwork, etc. In exchange for your help you will get to experience horse shows up close, participate in their operations and learn how they work, and best of all - earn **FREE LESSONS!**

For every show you volunteer to help with, you will receive one free hour lesson (or two half hour lessons)!

If you are interested in vol-



unteering we will be having sign up sheets posted at the barn once show dates are finalized. You can also email either Mary or Heather for more information.

Heather and Mary Featured Instructors at Harriman 4-H Winter Clinic

Heather and Mary have been invited to be instructors at the 4-H clinic in Harriman, TN. Roane State hosts the clinic annually inside their beautiful Expo Center.

Heather will be featuring a class on Jumping: Speed, Strength, and Safety from 9:00-10:30am. Mary will be hosting a Western Pleasure Class from 4:00-5:15pm. All classes are designed to prepare students for the upcoming

show season. In addition, there will be classes by other instructors on Gaited Classes, Trail, and Ranch Riding.

You must be a 4-H member and have your own horse and tack to participate. If you are not a 4-H member you can join the morning of registration. Clinic fees are \$15.00. A stall and shavings are provided for an additional \$18.



Don't miss your chance to attend this all day clinic!

For more information or directions, visit our website at www.tnhorsetrainer.com Registration and Release forms will be available at the barn.

UPCOMING SHOW CLINICS:

- February 8: Walk/Jog Western 5:30-6:30
- February 22: Walk/Trot English 5:30-6:30
- March 8: Intro to Hunter Hack/Over Fences 5:30-6:30
- March 22: Mommy & Me Daddy & Me Lead Line 5:30-6:30
- April 12: Intro to Pattern Work 5:30-6:30
- April 26: Advanced Flat W/T/C or W/J/L 5:30-6:30

Horse Ownership Series

Article 1: A Horse Of Your Own-Is It Time To Purchase?

Can you believe it? Our daughter has been taking lessons for over a year now! Is it time for us to start thinking about buying a horse of her own?

Understandably, this question is being heard more and more often by our parents. While owning your own horse allows the student to have a consistent horse to work with and take to shows, independence to ride as often as you want, where you want on your own, along with the strong bond and trust that form between rider and equine, there are several questions one must ask before taking the leap into horse ownership:

1. **Dedication**-How long will my child "stick" with this? Is your child going to lose interest in a year? What will you do with your newly purchased horse if this happens?
2. **Can we afford it?** Horses are expensive. Besides the initial purchase cost of a horse you have to add up housing costs. If kept at a stable boarding costs can range from \$100-\$500 a month. There is also veterinary care, farrier visits, feed bills, deworming, minerals/vitamins/supplements, dental care, and training costs as needed. These can add up to several thousand dollars a year. That's not including

if there is an illness or injury! You also must include purchasing all your own tack and equipment. A good saddle can start at a few hundred dollars and go into the thousands.

3. Do we have time for a horse?

Unless you are paying for "full care" board at a stable (this is typically where your horse is cleaned and fed daily for you) then you should plan on seeing your horse twice a day, everyday. They will have to be fed and watered twice daily, cleaned everyday, and exercised and groomed several times a week. This doesn't include time purchasing feed, riding, taking lessons, repairing and cleaning tack. Nor does it include sleepless nights walking your mare who is suffering from a bout of colic. Do you travel or take vacations? Who will care for your horse while you are away?

If you still feel ready to take the plunge, then talk with your instructor about scheduling a Barn Day. These are free to students and parents and are a great opportunity to spend the day learning about the day to day care of horses. Take advantage of the opportunity and

ask lots of questions, learn how to clean stalls, nutrition requirements, when to use supplements, how to blanket a horse, how to clean hooves and tell if they are healthy, and anything else you've been wondering. Talk openly and frankly about any concerns you may have. Remember, we are here to help!

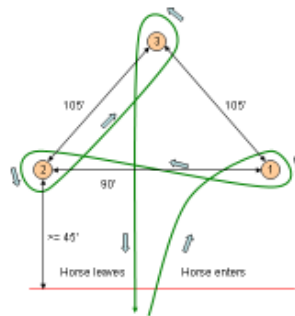


Join us next month for the second article in our *Horse Ownership Series: Purchasing Your First Horse*. Get inside tips from the experts on where to look, how much to spend, what size to buy, what breed is best, and much more. Learn who to take with you when checking a horse out, and how to tell if it's the one for you.

Ask The Trainer: What is Barrel Racing?

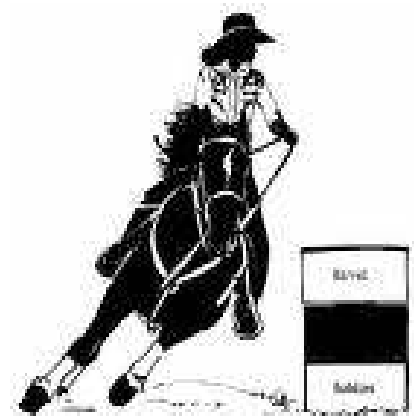
Barrel Racing is a speed event in which a horse and rider compete by performing clover-leaf pattern around barrels that are placed in a triangle inside an arena. It focuses on the horses athletic ability and the riders horsemanship skills.

Typically Quarter Horses are used and best for this sport, but most breeds are capable of giving it a try.



Barrel Racing was started by cattle ranchers wives fighting boredom on the farm. They would take their husbands horses and set up barrels in the backyard to race. It is now one of the most popular events at rodeos and horse shows with some of the highest pay outs to winners.

Looking for something new? Give this fun sport a try!



Homemade Horse Treat Recipes

Head Bobbers

1/4 cup molasses
 3 or 4 apples, finely chopped
 1 cup carrots, finely chopped
 2 tablespoons corn oil
 1 cup flour
 1 cup rolled oats
 1/2 cup bran or grain of your choice (optional)

Preheat oven to 350 degrees. Lightly grease a large cookie sheet. Mix apples, carrots, oil, and molasses. Then mix in oats and flour. You can either spread the mix on a cookie sheet and break apart after they are baked, or roll the dough out and cut into cookie shapes. Cook for about 20 minutes. Let cool.

Oat 'n' Apple Chewies

Treat your favorite horse or pony to these simple squares. Keep them fresh in a fridge and remember not to feed too many to one horse at once!

1 1/2 cups unsweetened applesauce
 1 cup oat bran cereal or ground oatmeal
 1/2 cup all purpose flour

Preheat oven to 350 degrees. Oil a 9x9 inch square cake pan. Mix the ingredients together. Spread the batter evenly in the cake pan and bake for 20-30 minutes. The batter will start to shrink away from the sides and it will be firm to the touch. Slice into the squares while still warm. Keep chewies in the fridge in an air tight container or bag.

Peppermint Patties

These barn favorites are sure to be a hit!

1/3 cup oats
 1/3 cup grain
 1/3 cup molasses
 1/3 cup flour
 Peppermints

Mix all the ingredients except for the peppermints. Take a peppermint and place it in the middle of a ball of dough. Bake at 350 degrees for 21 minutes. Makes about 8 patties. You can double the recipe as many times as you want.

Rolex Three-Day Event Coming to Kentucky Horse Park

Don't miss your chance to attend this world class competition. The Rolex Kentucky Three-Day Event is the only four star three day event in the Americas! It is actually four days of competition April 22-25. It draws top competitors from all over the world. This tough international crowd of riders will be competing for over \$250,000 in cash and prizes.

Eventing tests riders and horses at their

skills in Dressage, Show Jumping, and Cross Country over a period of three days.

Whether going because you are seriously interested in entering any of the disciplines involved in Eventing, expanding your horse horizons, or just want to take advantage of a rare chance to see such a high level of competition, it's as good a time as any to go! Hopefully we will see you there!



For ticket information and schedule of events, visit www.rk3de.org



DRESSAGE



SHOW JUMPING



CROSS COUNTRY

Mary Sivley and Heather Mooney
Riding Lessons • Coaching • Training

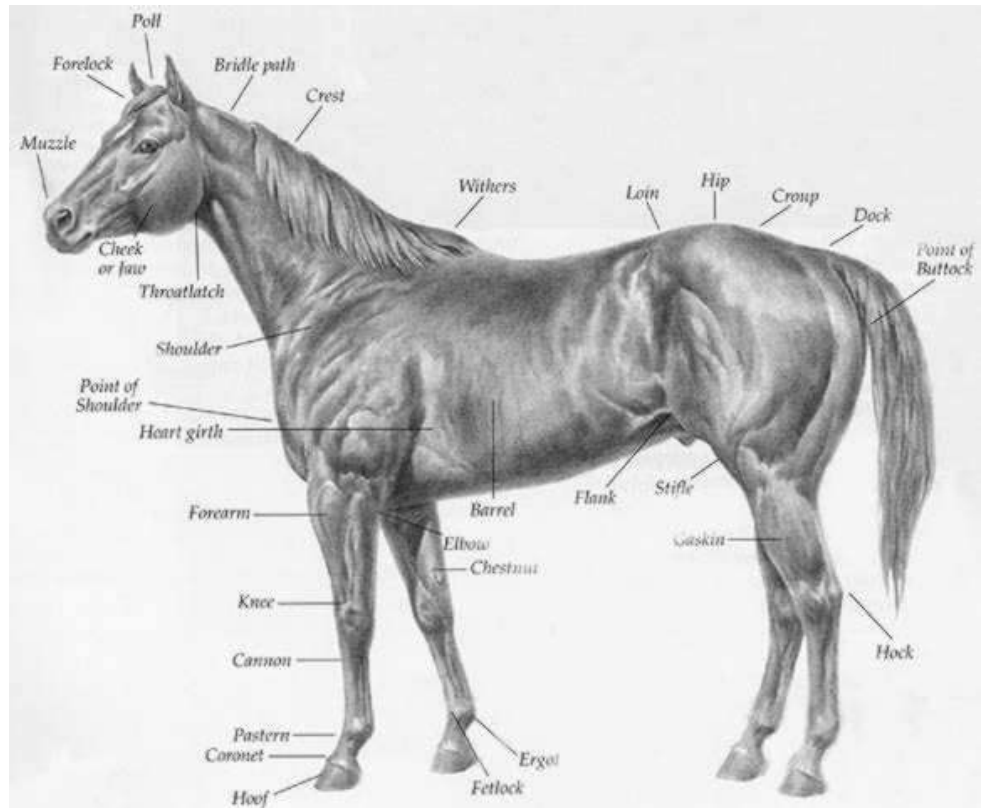
Located at the Sport Horse Center Arena
500 Miller Road
Clinton, TN 37716

Mary: 423-449-9748
Heather: 865-307-5468
Or Email:
mary@tnhorsetrainer.com
heather@tnhorsetrainer.com

Monthly Horse Quote

“There is something about the outside of the horse that is good for the inside of a man.”

Sir Winston Churchill (1874-1965)



Word Search - Parts of the Horse

R K N Z N S P Y X I T F B A F O V G A F
 Q O D D U E G L F V A A Z C N R U J Q P
 Y F E T L O C K Z B X J R N F W X H W Y
 F D V B O O C G M A K A M V I V A X H Y
 K B H K I O R W E H I N Z W L M C F P T
 O D B B A D E V Z C L Y Y G B C K C A B
 Y K Z O N E D Y J H E Z G L D D W W K T
 O U J S I U L D J D O C Z I G S K M P U
 S Q W E F Q U Q V H X O M U K N U X B N
 W M J J J L O E A E T G F Z H Z J K G T
 T H W P M H H R M I O U L L Z E Y L W S
 D K B J C E S R L K H Q P L A L X A Y E
 E G N Y Z D I G U C L W E F C X N R S H
 R T M I M B I S R E H T I W H P R T O C
 B I F X O P Z N Q X C M T N G T F E S J
 R K N Z N S L K C O H F L A N K P Y X I
 T F B A F O L V G A F Q O D D U E G L F
 V A A Z C N O C R E S T R U J Q P Y Z B
 X J R N F W P X K N E E H W Y F D V B O
 O C G M A K A M V I V A X H Y K B H K I

Parts of the horse Word Search - 12 Words to find

- | | | | |
|---------|---------|----------|----------|
| POLL | WITHERS | SHOULDER | CHESTNUT |
| HOOF | HOCK | BACK | FLANK |
| FETLOCK | MUZZLE | KNEE | CREST |

Visit us on the Web!
www.tnhorsetrainer.com

